

Waxing

Hair removal using cream based wax for sensitive skin.

- ❖ Ankle to knee£14.00
- ❖ ¾ leg£18.00
- ❖ Full leg£20.00
- ❖ Full leg and bikini line£25.00
- ❖ Bikini line£9.00
- ❖ Under arms£8.00
- ❖ Upper Lip£6.00
- ❖ Chin£6.00
- ❖ Upper lip and chin£10.00

Eye Treatments

Enhance your eyes to make them appear bigger & brighter (24 hr patch test for tinting).

- ❖ Eyebrow re-shape£8.00
- ❖ Eyebrow tidy or wax£7.00
- ❖ Eyebrow tint£6.00
- ❖ Eyelash tint£9.00
- ❖ Eyelash and eyebrow tint£12.00
- ❖ Eyebrow tint & wax£11.00

Treatments Specially For Men

- ❖ Tailor made facial
30 mins£23.00
- ❖ Tailor made facial with back, neck and
shoulder massage
1 hr£40.00
- ❖ 'Action Man' – designed for 'him' as the perfect
treat. This treatment focuses on an exfoliation
and massage on both legs and back.
1 hr£32.00
- ❖ Back Wax
1 hr£20.00
- ❖ Chest Wax
1 hr£20.00
- ❖ Manicure
30 mins£16.00
- ❖ Pedicure
30 mins£16.00

Opening Hours

Appointments are available 7 days a week by prior arrangement.

How to Book

All appointments can be made at Evolution reception or by telephone. Please book early to avoid disappointment.

Cancellations

Please give at least 24 hours notice when cancelling your appointment.

Mail Order

Mail order is available with postage and packaging charged at £5.00 per order.

Gift Vouchers

Gift vouchers are available for all treatments or products and are valid for 12 months.

Under 16's

Under 16's must have adult consent before undertaking any treatment, and depending on the nature of the treatment may have to be accompanied by an adult.

Mobile phones to be switched off or on silent at all times.



evolution
HEALTH & FITNESS

Treatment Range

Darwin Forest Country Park

Darley Moor
Two Dales
Matlock
Derbyshire
DE4 5LN

Tel 01629 736222

www.pinelodgeholidays.co.uk

Thermal Body Therapy Treatments

Body Polishing

Mineral Salt Scrub Therapy

Completely customised to either energise or reduce stress, this therapy polishes skin to a soft glow while providing critical hydration & nourishment skin needs. Mineral Sea Salts & Seaweed exfoliate while skin smoothing enzymes help dissolve dead skin cells naturally for a smooth finish.

45 mins£30.00

Body Foliation Therapy

Give your body the customised exfoliation it needs. A gentle Oatmeal and Rice Bran powder creates an exfoliate that whisks away dead skin cells, brightens skin and helps reduce the appearance of sun spots and hyper pigmentation. You'll leave this therapy with silky, healthier skin.

45 mins£30.00

Thermal Body Wraps

Power Recovery Therapy

An intense wrap dedicated to nourishing your skin. A unique blend of Wheat Protein and Honey act as maximum hydrators while Wasabi, Ginger and White Tea stimulate blood circulation. Customised essential oils in a massage medium offer aroma therapeutic with rich Kukui Nut, Olive and Grape Seed oils smooth and provide antioxidant protection. – 45 mins£30.00

Nourishing Sea Mud Theory

Stimulate circulation while smoothing skin with this body wrap therapy. Natural earth clays draw out impurities while Tropical Asian Ginger and White Tea stimulate circulation and smooth skin. Customised essential oils provide aroma therapeutic and skin benefits while Caffeine provides all-over toning. – 45 mins£30.00

Deep Thermal Therapy with Thermal Stamp

Inspired by the practices of Thai Therapy of the 14th century, this treatment utilises a unique fabric stamp filled with skin benefiting ingredients and the power of heat to detoxify, remineralise, de-stress, exfoliate and relax. Natural earth clays draw out impurities while extracts stimulate circulation and smooth skin. The deep manipulations along the pressure points and the meridian of the body relieve aching muscle tissue and work to rebalance the body. This treatment includes a full body exfoliation. 1hr 15 mins.....£60.00

Massage Treatments

Stress Reliever Back Massage

De-stress and unwind as this massage treatment will concentrate on your back, neck and shoulders.

25 mins£22.00

Aromatherapy Body Massage

A relaxing massage using a blend of pure aromatic plant oils to calm the nerves and restore even the most tired and stressed bodies.

55 mins£34.00

Aromatic Full Body Massage

Using massage movements including Thai and Shiatsu to rebalance the whole body. Warm massage oil melts away all feelings of tension whilst concentrating on your bodies pressure points. This treatment includes face and scalp massage.

1 hr 15 mins£42.00

Tranquillity Scalp Massage

Inspired by oriental techniques this treatment cannot fail to soothe away stress. Specifically for scalp, nape of the neck and shoulders. This massage is guaranteed to boost inner well-being.

25 mins£18.00

Facial Skin Care Treatments

All treatments incorporate Dermalogica, the No.1 skincare range in the industry. Using Dermalogica's unique skin analysis 'Face Mapping' we will select the best treatment programme for your skin,

Signature Facial

A facial for all skin types and conditions, this deluxe treatment includes a pressure point facial massage and shoulder massage to help you totally relax.

60 mins£35.00

Age Smart Facial

The ultimate in skin therapy. For prematurely aging, mature or devitalised skin. Give your skin a revitalising power boost. Designed to help firm, smooth, nourish, regenerate and energise while controlling the biochemical triggers that lead to skin ageing. Potent vitamin and hydroxy acid exfoliation resurfaces and retextures skin. 60 mins.....£38.00

Personalise your Treatment

Depending on how long you want to relax, simply add one or more massage therapies:

- ❖ Scalp massage ❖ Foot massage
- ❖ Hand and arm massage

Facial plus 1 – 1 hr 15 minsadd on £4.00

Facial plus 2 – 1 hr 30 mins.....add on £9.00

Facial plus 3 – 1 hr 45 minsadd on £14.00

Mini Facial

Ideal taster for those who have never tried a facial or those who are short on time. All you need to do is just lay back and relax. – 30 mins.....£24.00

Back Pack

This is a facial for the back, lay down and relax while we help clear congestion, detox the tissues and brighten the skin .

45mins£26.00

Jessica Nail Treatments

- ❖ Jessica Manicure – 60 mins£20.00
- ❖ Cuticle Care Manicure – 45 mins£16.00
- ❖ Shape and Polish – 30 mins.....£12.00
- ❖ Zen Spa Pedicure – 60 mins.....£22.00
- ❖ LeRemedi anti-ageing, deluxe manicure with warm mittens – 1 hr 15 mins£24.00
- ❖ Zen Spa, deluxe pedicure with warm booties – 1 hr 15 mins£29.00
- ❖ French Manicure – add to any nail treatment£3.00

Bio-Sculpture Natural Nail Overlays

Bio-Sculpture gel is thin and natural looking, yet strong and durable. We offer a wide range of permanent non-chip nail colours including the French Polish look or a simple clear overlay.

- ❖ French overlay – 1 hr 30 mins£30.00
- ❖ Colour overlay – 1 hr 30 mins.....£28.00
- ❖ Clear overlay – 1 hr 15 mins.....£26.50
- ❖ Overlay on toes – 1 hr 15 mins£25.00
- ❖ Quick French on toes – 45 mins£17.00
- ❖ Infil treatment – 1 hr 30 mins.....£25.00
- ❖ Repairs – per nail£4.00
- ❖ Soak off£12.00